Benefits you can expect drinking UltraWater

Over 1,000 peer-reviewed studies show that molecular hydrogen - or H₂ - has a therapeutic benefit in every organ of the body and in over 170 disease models and health conditions - drink up!



Warning! You must do the following to maximize the benefits of UltraWater.

You follow directions when taking a prescription. Here's the prescription for drinking UltraWater:

- Drink enough! If you don't, chances are you won't notice any benefit. Shoot for the optimal guideline:
 1 liter of water for every 30 lbs. of body weight per day.
 Example: 150 lbs = 5 liters / day!
- The benefits are the strongest when UltraWater is fresh from your ionizer. If you need to carry it, use an airtight container (like an UltraWater bottle) and keep it cool!
- Brand new to alkaline water? Start off on ALKALINE 1 for 2-3 days. Go to the next level, and so on. Land on the setting that you feel best drinking.
- It's not unusual to experience slight flu-like symptoms. This means you're detoxing and the water is working. Drop down a level until the symptoms disappear.